

865-806-3478 info@awcknox.com We AllWays prepare everything fresh daily and from scratch, as much as possible. We can prepare anything you'd like, but our most popular items are listed below. If you have any special requests, or dietary needs, please let us know. Boxed lunches are also available for all items. Please call us to discuss the details of your order.

### The Classic

Our most popular menu. Choice of salad, entree and two sides (extra side, \$1/person). Includes cookies.

#### **Entrees**

Oven Roasted Chicken - \$9 BBQ or Teriyaki Chicken - \$10 Vegetarian Options - \$10 Pulled Pork or Chicken - \$10 Braised Pork Loin - \$10 Grilled Pork Tenderloin- \$11 Blackened Tilapia - \$12 Pan Roasted Salmon - \$14 Shrimp and Grits - \$12 Meatloaf - \$12 Marinated Beef Tips - \$12 Beef Tenderloin - \$17

#### Salads

Winter Salad - spinach, pears, smoked gouda and dried cherries
Spring Salad - spinach, blueberries, goat cheese and crunchy quinoa
Summer Salad - spinach, strawberries, feta and sunflower seeds
Fall Salad - spinach, apples, asiago and craisins
Garden Salad - romaine, cheddar, croutons, cucumbers, cherry tomatoes
Caesar - romaine, asiago, croutons

All salads served with your choice of the following homemade dressing

Honey Vinaigrette, Basil Vinaigrette, Balsamic Pear, Citrus Vinaigrette,

Honey Dijon, Ranch, Caesar

#### Sides

Southern Green Beans
French Green Beans
Roasted Garlic Broccoli
Sesame Snap Peas
Chipotle Lime Corn Wheels
Southern Cream Corn

Seasonal Vegetable Medley
Roasted Asparagus
Bacon Brussels Sprouts
Macaroni and Cheese
Gluten Free Macaroni and cheese

Saffron Rice Pilaf
Thai Sticky Rice
Creamy Garlic/Herb Risotto
Garlic Thyme Roasted Potatoes
Roasted Sweet Potatoes
Glazed Baby Carrots

## Taco Bar

Chicken - \$9

Steak - \$12

Ground Beef - \$10

Shredded Pork - \$11

Complete with your choice of meat, Mexican style rice, black or refried beans, flour tortillas and tortilla chips. Served with an array of toppings, including shredded lettuce, cheese, sour cream, diced tomatoes, peppers, and onions, salsa, taco sauce, avocado salad and creamy jalapeño dressing. includes cookies

Make it a fajita bar by adding grilled vegetables and queso for \$3/person

## Pasta Party

All pasta options are served with garlic bread and your choice of salad, includes cookies

Baked Ziti - ricotta, mozzarella, parmesan, house made marinara and ziti noodles - \$9

Penne Alfredo - roasted garlic alfredo sauce with penne noodles, - \$9

Add your choice of chicken, meatballs or portobello mushrooms to any above item - \$2

**Lasagna** – layered with ricotta, mozzarella and parmesan, seasoned ground beef and pork, as well as our homemade marinara sauce – **\$10** 

**Penne Pomodoro** - Penne noodles with our homemade marinara sauce, served with your choice of chicken, meatballs or portobello mushrooms - \$10

### Far East Feast

Chicken - \$10

Pork - \$11

Steak - \$12

Light, fresh Asian flavors. Choice of marinated protein, cooked Mongolian style.

Served with Thai sticky rice, sesame snap peas or glazed carrots and grilled zucchini with mushrooms. Served with Asian Slaw or choice of salad. Includes cookies

# Specialty Sandwiches - \$10

Choose any combination of our specialty sandwiches. Served with Kettle Chips and our "Hummus of the Week" and your choice of any of our salads. Includes cookies.

\*available hot or cold

<u>The All-Ways\*</u> - roast beef or grilled chicken, roasted red peppers, red onion, provolone, dill cream

<u>Californian</u> - turkey, avocado, cucumber, lettuce, provolone, dijon

Chicken Pesto\* - house-grilled chicken, tomato, havarti, pesto

Chicken Cordon Bleu\* - house-grilled chicken, ham, provolone, honey mustard

<u>The Port Authority\*</u> - (vegetarian) grilled portobello mushrooms, caramelized onions, roasted red peppers, provolone, horseradish sauce

### Premium Desserts

Chocolate Amaretto Mousse - \$2.5 Southern Banana Pudding - \$2.5 Tiramisu - \$3

**Gluten Free Brownies - \$3**Key Lime Cheesecake - \$2.5

Orange Cream Cheesecake - \$2.5 Seasonal Fruit - \$2.5 Mini Eclaires - \$2

(dessert prices are a la carte, to substitute for cookies, subtract \$.50)

## **Drinks**

Cups and ice included

Sweet or Unsweet Tea - \$6/gal
Fruit Flavored Teas - \$7/gal
Sweet or Unsweet Green Tea - \$7/gal
Fruit Flavored Green Teas - \$8/gal
Fruit Infused Water - \$5/gal
Fruit Squeezed Lemonade - \$8/gal
Blueberry Basil Lemonade - \$10/gal
Bottled Water - \$1/bottle
2 Liter Sodas - \$3 each
Individual Sodas - \$1 each

We have a 10 person minimum for delivery.

Delivery fee is \$1/mile, \$20 minimum, which includes set up and all serving utensils. As AllWays, we provide everything you need; plates, napkins and flatware.